



DINING OUT FOR LIFE®; HELP TO FIGHT AIDS

This is The LGBT Center's fifth annual Dining Out for Life® event. There are over 100 restaurants who will give a minimum of 25 percent of their proceeds on food and liquor sales to The LGBT Center for HIV/AIDS services/programs. The event is **Thursday, April 28**. To get more details on the restaurants and which meals they are serving, go to: www.diningoutforlife.com/sandiego/participating. Please let family and friends know locally and nationwide to save the **April 28** date (the date is the same in almost every city). **RESERVATIONS ARE RECOMMENDED**; the editor speaks from experience!

The list of participating restaurants is listed starting on page 6. Please note, **R Gang Eatery** is donating 100% of their proceeds. Any restaurants with an asterisk are donating 50%. All other restaurants are donating 25% (which is also nothing to sneeze at).

STILL A GRAND MARSHAL

Our guest speaker is Joey Ramelli, who was subjected to persistent and severe antigay harassment while he was a student at Poway High School. Ramelli endured repeated antigay slurs, was knocked to the ground, slammed into lockers and even found notes threatening his life taped to his car in the school parking lot. He reported his harassment to the school principal, but these complaints were pushed aside. So he took the school to court with Megan Donovan, a lesbian who suffered similar harassment. In June 2005, a San Diego jury found that school officials failed to



take appropriate action to protect them from harm. The school appealed this decision and with the assistance of Lambda Legal, Joey and Megan won the appeal and were awarded monetary settlements. This is a landmark case in that it established legal precedent that schools have to protect LGBT students. They were both Grand Marshals of the Pride Parade in 2005. Joey will tell his personal story, as well as the story of his lawsuit. After the presentation, we will have our cookie social and support groups.

REPEAL DOMA

In February, in a major policy reversal, the Obama administration said it will no longer defend the constitutionality of a federal law (DOMA/Defense of Marriage Act) banning recognition of same-sex marriage. DOMA was signed into law in 1996. Besides defining marriage as between one man and one woman, no state may be required to recognize same-sex marriage that was performed and considered legal in that state.

Attorney General Eric Holder said President Obama has concluded that the administration cannot defend the federal law that defines marriage as only between a man and a woman. He noted that the congressional debate during passage of the Defense of Marriage Act "contains numerous expressions reflecting moral disapproval of gays and lesbians and their intimate and family relationships - precisely the kind of stereotype-based thinking and animus

(Constitution's) Equal Protection Clause is designed to guard against."

The Justice Department had defended the act in court until now.



White House spokesperson Jay Carney said Obama himself is still "grappling" with his personal view of gay marriage but has always personally opposed the Defense of Marriage Act as "unnecessary and unfair."

Regarding binational same-sex marriage, Section 3 of DOMA basically states that a U.S. citizen, even if legally married in the U.S. or a foreign country, cannot sponsor their partner (a citizen of another country) for citizenship in the U.S. (of course, opposite-sex couples can).



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Membership forms available at www.pflag.com



DON'T FORGET 2011 MEMBERSHIPS WERE DUE JANUARY 1!

As you may recall, we had to increase our dues slightly. In addition, we have a donation jar at the general meetings. We want you to be aware of why we need your financial support: room rental for our general meetings - telephone info/help line - newsletter publication and mailing - scholarships to LGBT youth - publications (brochures, flyers, stickers) - PRIDE Parade and Festival - educational books and DVDs - fees to participate in events and fairs to provide visibility in the community - refreshments and supplies. Please also keep in mind, that \$15 of each membership is sent to PFLAG National to support them.

If you haven't renewed or joined yet, please help us to help you and the LGBT community. Thank you.

Current Events

April 14
Thursday
PFLAG Support Group
North County Inland

April 15
Friday
National Day of Silence

April 18
Monday
Mi Familia Support Group

April 25
Monday
Mi Familia Support Group

April 28
Thursday
Dining Out for Life (see article)

May 2
Monday
PFLAG Support Group
North County Coastal
(see new location: Support Groups)

May 2
Monday
Mi Familia Support Group

May 2
Monday
Deadline for Dooley tickets
(see article)

May 6
Friday
Mama's Day (see article)

May 7
Saturday
Women's Fest (see article)

May 7
Saturday
Out at the Park (see article)

May 9
Monday
PFLAG Support Group
East County

May 9
Monday
Mi Familia Support Group

May 12
Thursday
PFLAG Support Group
North County Inland

May 14
Saturday
Dooley at the
Diversionsary (see article)

May 16
Monday
Mi Familia Support Group

May 22
Sunday
Long Beach Pride Parade
(if interested, contact pboman@
pflag.com)

SUPPORT GROUPS

NORTH COUNTY COASTAL

Meets the first Monday, at 7:00 pm, First Presbyterian Church, 2001 El Camino Real, Oceanside (in the choir room, located on the SE corner of the campus). The church is located 1 mile north of the 78 on the corner of Fire Mountain (Skyline Drive) and El Camino Real, across the street from the Eternal Hills Cemetery.

Contact Larry Gerling, (760) 224-2178.

NORTH COUNTY INLAND

Meets every second Thursday, at 7:00 pm, Temple Adat Shalom, 15905 Pomerado Road, Room #9, Poway (Rancho Bernardo). The entrance to parking is directly across the street from the entrance to Henry's Market Center. Drive to the end of the building and bear right around it, to the first doors on your right (double doors).

**Contact Sue Fine, (858) 673-4560 or
pflag4sdnocnty@san.rr.com.**

EAST COUNTY

Meets every second Monday, at 7:00 pm, Summit Unitarian Universalist Church, 8778 Cottonwood Avenue, Santee.

**Contact Ron Goetz, (619) 588-2342 or
whytestonne@hotmail.com.**

MI FAMILIA (Spanish)

Meetings are every Monday from 6:00pm - 8:00 pm at The Center.

Contact Carolina, (619) 692-2077 Ext. 116.

TRANSGENDER SUPPORT

For more information on the Transgender Support Group

Contact Kathe Dunn, ftm_mom@yahoo.com.

SOUTH BAY

Meets every fourth Sunday, at 1:00 pm, Unitarian Universalists of the South Bay, 970 Broadway, Chula Vista

**Contact Martha Cardenas, (619) 947-4612 or mar@
FirstUUSanDiego.org**

**National PFLAG, Washington, DC
(202) 647-8180, www.pflag.org**

MISSION STATEMENT

PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through Support, to cope with an adverse society; Education, to enlighten an ill-informed public; and Advocacy, to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

Luan D. Andrews, M.A.

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MAMA'S DAY - A MOSIAC OF TASTE

On Friday, **May 6** from 6:30-9:30 pm., enjoy an extraordinary culinary evening at the Hyatt Regency in La Jolla to benefit Mama's Kitchen. There are over 70 restaurants and top chefs who will donate their food and time to benefit the 20th annual Mama's Day. This event is a major source of funding for Mama's Kitchen, the only organization that prepares and delivers three meals a day, seven days a week at no cost to San Diegans affected by AIDS or cancer. At Mama's, they believe that every person deserves the basic necessity of life - nutritious food. They are a volunteer-driven non-profit organization; all support is appreciated.

Besides dining on all the fabulous food, there is a silent auction and an opportunity drawing with wonderful prizes. Plus, you will be treated to meeting Culinary Host, San Diego's own Sam "The Cooking" Guy. Once again, Vic Salazar will be the emcee for the evening's events.

For tickets and more information, go to www.mamaskitchen.org or call 619-233-6262.

HARVEY MILK HERE AND THERE

The third annual Harvey Milk Diversity Breakfast will be held on Friday, **May 20**, 7:30-9:00 am at the Hilton San Diego Bayfront Hotel. Tickets are \$50 each and may be purchased at www.harveymilkbreakfast.com. We are proud to announce that PFLAG is supporting this event.

The annual breakfast brings together San Diegans who support equality and justice in celebration of the memory of the life and work of Harvey Milk. Sponsored by The San Diego LGBT Community Center and the City of San Diego Human Relations Commission, it is their hope that this event will not only honor the memory of this American hero, but also strengthen coalitions among the many diverse social justice groups working toward equality in San Diego.

DOOLEY AT THE DIVERSIONARY

On **May 14**, you can have fun, be entertained, and most important, be part of the solution to benefit the humanitarian work the local St. Paul's Foundation for International Reconciliation is doing to help the LGBT community in Uganda.

Dooley (Dr. Tom Dooley) was a man who delighted in his sexuality, paid consequences, and yet refused to be defeated, long before 'Don't Ask, Don't Tell'. Dooley did his residency at Camp Pendleton. He died young, but was cited by John F. Kennedy for his

WOMEN'S FEST GOES DIY

On Saturday, **May 7**, from 10 am-5:00 pm, Women's Fest Goes DIY (Do it Yourself). The Women's Resource Center from the LGBT Center and local LBT women invite you for a day-long festival of workshops, entertainment and resources. The festivities will take place at The LGBT Center in Hillcrest. This year's festival will focus on the D.I.Y movement, which empowers individuals to take matters

IN ADDITION, and this is where we need to spread the word, they are offering high school students an opportunity to participate in the Third Annual Harvey Milk Diversity Breakfast Video Essay Contest. Applicants must submit a short video addressing the topic which is a quote by Harvey Milk: "All young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential." The instructions and application can be found at http://www.thecentersd.org/pdf/hmdb_essay_appfinalpdf.pdf. The deadline is Friday, **April 29**. The winner will be awarded a \$750 prize, sponsored by San Diego LGBT Pride, for the best video and must be able to attend the Diversity Breakfast as mentioned above.

humanitarian work in Southeastern Asia as an inspiration for the start of the Peace Corps.

If you purchase your tickets by **May 2**, you can receive the group rate of \$25. This entitles you to the reception at 7:00 pm, the play at 8:00 pm, and discussion/Q&A after the play. To get the group rate, you must call the Diversionary at 619-220-0097 and mention the St. Paul's Foundation. The theatre is located at 4545 Park Blvd. in University Heights.

into their own hands when it comes to artistic expression, home repairs, self-publication, community building, transportation and more. Last year's Women's Fest featured 15 workshops and more than 30 women-friendly vendors and community partners. For more information, email women@thecentersd.org or contact Abby Schwartz at 619.692.2077 x 212.

AN ADVOCATE'S VOICE IS SILENCED

The death of Elizabeth Taylor meant a death of one of the strongest AIDS allies for the LGBT community. When she first began speaking out about HIV/AIDS in the early 1980s, there was still a great deal of mystery, fear and stigma surrounding the disease. She was the first big celebrity to use her fame to advocate for better public health policy, and to raise funds for HIV/AIDS treatment, services, and research. While she started local, appearing at the first major AIDS benefit for AIDS Project Los Angeles (APLA), in 1985 she became the founding international chairperson of the American Foundation for AIDS Research (amFAR). It was a time when thousands of people became devastatingly ill and died rapid and horrible deaths, and yet the silence from our government was deafening. In those dark times, Elizabeth Taylor used the light of her celebrity to draw mainstream media attention to the government's failure to respond to the AIDS crisis. She boldly stood with the LGBT community to urge public support for better treatment of people living with HIV/AIDS. In those days, before e-mail, texting, Facebook and Twitter, her voice had a powerful ripple effect that helped make the world more aware of this growing health crisis.

Ms. Taylor took on the fight for a cure with a determined and focused passion. She traveled around the world – she spoke at conferences, visited with people with AIDS in hospital wards, testified before Congress to ensure support for the Ryan White CARE Act and addressed the General Assembly at the United Nations on World AIDS Day.

In addition to supporting the work of numerous HIV/AIDS organizations, in 1991 she established the Elizabeth Taylor AIDS Foundation, with a focus on direct services for people living with HIV/AIDS throughout the world. So much of this was part of her, that her family requested that any memorial donations benefit that fund.

In 1993, she was awarded a special humanitarian Oscar for her HIV/AIDS advocacy. As she received that award 18 years ago, she spoke words that are just as resonant today as they were then: "I call upon you to draw from the depths of your being -- to prove that we are a human race, to prove that our love outweighs our need to hate, that our compassion is more compelling than our need to blame."

MIGHT MAKES RIGHT

Pressure from the LGBT community on Apple to remove the app from iTunes, that was introduced by Exodus International, worked. The app, which claimed to help people deal with unwanted same-sex attractions, followed the teachings of Exodus International, which suggests that there is a "cure" to being gay (we also heard how Exodus International works from ex-gay founder Michael Bussee, a critic of Exodus International, when he spoke at our February general meeting). We know such efforts have been condemned by every respected medical and psychological group in this country as explicitly dangerous and harmful to both physical and mental health. By

removing this app, Apple has reinforced its commitment to "harm none."

PFLAG National commended Apple for following its guidelines to remove "Any app that is defamatory, offensive, mean-spirited, or likely to place the targeted individual or group in harm's way will be rejected." The American Psychological Association, American Medical Association, American Psychiatric Association, and American Counseling Association have all rejected "ex-gay" therapy, saying that it can result in serious harm to the mental health of its victims. The mission of Exodus International is truly harmful to LGBT people.

OUT AT THE PARK

The fifth annual Out at the Park is Saturday, **May 7**, at 5:35 pm at Petco Park (vs Arizona Diamondbacks). Every year, San Diego Pride collaborates with the San Diego Padres to give the LGBT community discount tickets to this event. This year, however, will feature a pre-game tailgate party with hot dogs, hamburgers, beer, cocktails and soft drinks. The tailgate party will be held from 3:30 to 5 pm at Imperial Avenue and 14th Street. Tickets to the game are \$15 and tailgate admission is \$5, which includes food and beverages.

"The outing at Petco Park has become one of San Diego Pride's most popular events leading up to our annual summer celebration in July," said Frank Scarpaci, interim executive director for San Diego Pride. "We've consolidated the seating this year as a way of bringing LGBT attendees and their supporters together in a show of team spirit and solidarity."

To buy tickets, go to www.sdpride.org/OATPTickets.htm.

DINING OUT FOR LIFE® RESTAURANTS

Adams Avenue Grill 2201 Adams Avenue 619-298-8440	Bread & Cie Bakery/Café 350 University Avenue 619-683-9322	Extreme Pizza-Pt. Loma 555 Rosecrans 619-223-4050	The Lincoln Room 901 4th Avenue 619-696-8888
Alchemy 1503 30th Street 619-255-0616	Bourbon Street Bar & Grill 4612 Park Blvd. 619-291-4043	Filter Coffee House- Hillcrest 1295 University Avenue 619-299-0145	Lips Restaurant 3036 El Cajon Blvd. 619-295-7900
Annie Belle's Famous Wings & Things 1746 Euclid Ave 619-262-1239	Brians' American Eatery 1451 Washington Street 619-296-8268	Filter Coffee House- North Park 4096 30th Street 619-521-0533	Mariposa Ice Cream * 3450 Adams Avenue 619-400-4500
Avenue 5 2760 Fifth Avenue, #100 619-542-0394	Burger Lounge-Hillcrest 406 University Avenue 619-487-1183	Gossip Grill 1440 University Avenue 619-260-8023	Martinis Above Fourth 3940 4th Ave., Suite 200 619-400-4500
Babbo Grande 1731 University 619-269-8038	Burger Lounge-Kensington 4116 Adams Avenue 619-584-2929	Gulf Coast Grill 4130 Park Blvd. 619-295-2244	Masala Spices of India 14 Fifth Avenue 619-232-5050
Babycakes 3766 Fifth Avenue 619-296-4173	Café 21-Downtown 750 5th Avenue 619-795-0721	Hash House A Go Go 3687 Fifth Avenue 619-298-4646	The Mission 3795 Mission Blvd. 858-488-9060
Baja Betty's 1421 University Avenue 619-269-8510	Café 21-University Hts. 2736 Adams Avenue 619-640-2121	House Boi 1435 University Avenue 619-298-5200	The Mission-North Park 2801 University Avenue 619-220-8992
Bamboo Lounge 1475 University Avenue 619-291-8221	Café Chloe 721 9th Avenue 619-232-3242	Indigo Grill 1536 India Street 619-234-6802	The Mission SOMA 1250 J Street 619-232-7662
Banana Leaf 3975 Fifth Avenue 619-298-8888	City Deli 535 University Avenue 619-295-2747	Island Juice 6784 El Cajon Blvd. 619-306-9571	Monsoon Fine Cuisine of India 729 Fourth Avenue 619-234-5555
Bangkok Thai Bistro * 540 University Avenue 619-269-9209	Cowboy Star 640 Tenth Avenue 619-450-5880	Jake's on 6th Wine Bar 3755 Sixth Avenue 619-291-WINE	Naked Pizza-Hillcrest 3803 5th Avenue 619-260-0101
Barra Barra Saloon 2754 Calhoun St 619-297-3100	Crazee Burger-North Park 4201 30th Street 619-282-6044	Jayne's Gastropub 4677 30th Street 619-563-1011	Naked Pizza-Pacific Beach 909 Grand Avenue 619-752-2445
Basic Urban Kitchen & Bar 410 Tenth Avenue 619-531-8869	Crazee Burger-Old Town 2415 San Diego Ave 619-269-3333	Jsix Restaurant 616 J Street 619-531-8744	Numbers 3811 Park Blvd. 619-294-7583
Blind Lady Ale House 3416 Adams Avenue 619-255-2491	Crest Café 425 Robinson Avenue 619-295-2510	JWok 744 Market Street 619-231-1088	Original Pancake House- Poway 14905 Pomerado Road 858-679-0186
Boathouse Restaurant 2040 Harbor Island Drive 619-291-8011	DiMille's Italian Restaurant 3492 Adams Avenue 619-283-3153	Kensington Grill 4055 Adams Avenue 619-281-4014	Original Pancake House- Temecula 41377 Margarita Road 951-296-9016
Bombay Exotic Cuisine of India 3960 Fifth Avenue 619-297-7777	Eden 1202 University Avenue 619-269-3336	Kous Kous Moroccan Bistro 3940 4th Avenue, Ste 110 619-295-5560	Ortega's, A Mexican Bistro 141 University Avenue 619-692-4200
	Empirehouse 127 University Ave 619- 688-9283	Lei Lounge 4622 Park Blvd. 619-813-2272	Pampas Argentine Grill 8690 Aero Drive 858-278-5971

Parkhouse Eatery
4574 Park Blvd.
619-295-7257

Park Manor Suites Hotel
3167 5th Avenue
619-291-0999

Pecs Bar
2046 University Avenue
619-296-0889

Pizza Nova
3955 Fifth Avenue
619-296-6682

Pizzeria Bruno
Napoletano
4207 Park Blvd.
619-260-1311

Ponce's Mexican Restaurant
4050 Adams Avenue
619-282-4413

The Red Door Restaurant &
Wine Bar
741 W. Washington Street
619-295-6000

Redwing Bar & Grill
4012 30th Street
619-281-8700

R Gang Eatery
(donating 100%)
3683 5th Avenue
619- 677-2845

Rich's Nightclub
1051 University Avenue
619-295-2195

Ritual Tavern
4095 30th Street
619-283-1618

Saigon on Fifth
3900 Fifth Avenue
619-220-8828

Santos Coffee House
3191 Thorn Street
619-640-3376

Soltan Banoo
4645 Park Blvd.
619-298-2801

Splash
3043 University Avenue
619-881-7282

Spread *
2879 University Avenue
619-543-0406

Stockdale's Fine
Southern Cuisine
6523 University Avenue
619-265-1494

The Tractor Room
3687 5th Avenue
619-543-1007

True North Tavern
3815 30th Street
619-291-3815

Urban Mo's
308 University Avenue
619-491-0400

Urban Solace
3823 30th Street
619-295-6464

URBN Coal Fired Pizza &
Bar-North Park
3085 University Avenue
619-255-7300

URBN Coal Fired Pizza-
Vista
203 Main Street
760-724-8840

Vagabond Kitchen
2310 30th Street
619-255-1035

Vela Restaurant
1 Park Blvd.,
Promenade Level
619-321-4284

The Wellington Steak &
Martini Lounge
729 W. Washington Street
619-295-6001

West Coast Tavern *
2895 University Avenue
619-295-1688

Which Wich
3825 Fifth Avenue
619-574-9424

Zio's--An Italian Ristorante
2940 El Cajon Blvd.
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Combined Federal Campaign

Each year, since its original application, PFLAG has been selected for inclusion in the SD Combined Federal Campaign (CFC). This fund-raising drive enables federal employ-

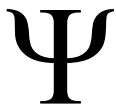
ees and military personnel to raise money that benefits thousands of non-profit charities, such as ours. If you are a federal employee, please consider PFLAG, SD County, Inc., #90212 for your CFC contributions. Encourage friends and relatives to do the same.

We thank the following individuals who donated specifically to San Diego County PFLAG through CFC during 2010.

Angela Hanson
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