



THE NEWSLETTER

July 2020

ISSUE 7

VOLUME 27



ATTENTION: Virtual Meetings Continue

SUPPORT GROUP MEETINGS WILL CONTINUE TO MEET VIRTUALLY

The virtual support group meetings via Zoom have worked out well. Until it is safe to return to in-person meetings, we will continue to meet virtually. We encourage you to contact your support group facilitator at any time, as they will remain excellent resources for information. The support group locations, dates, and times will continue to be posted on the PFLAG San Diego County Facebook page. You can join in any of the digital meetings.

Metro Support Group, metroscd@pflag.com

North County Inland Support Group, RBPowaysdc@pflag.com

North County Coastal Support Group, northcountycoastalsdc@pflag.com

South Bay Support Group, southbaysdc@pflag.com

East County Support Group, eastcountysdc@pflag.com

Ramona Support Group, northcountyinlandsdc@pflag.com

Del Sur Support Group, 4sdelsursdc@pflag.com

Mi Familia (Spanish), cramos@thecentersd.org

Poway LGBTQ Youth Support Group (Our Space-Poway) for High School, al@transfamilyos.org

Our Space-Poway For LGBTQIA Middle School, dez@transfamilyos.org

Transfamily Support Group, info@transfamilyos.org

MORE SUPPORT GROUPS AT YOUR SERVICE

There are two LGBTQ+ resource groups that may be helpful.

The Gender Phluid Collective is a collective movement of entities working together to dismantle the narratives of racism, sexism, homophobia, transphobia, and all other prejudices towards gender identity and sexual orientation. There is an online Support Group for all LGBTQIA+ BIPOC (Black, Indigenous, People of Color) folks every Saturday at 6:00 pm. The group is ably led by Angelle Malaika Maua. Please email thegpcollective@gmail.com for the link to participate.

Although meeting virtually now, Asian Pacific Islander (API) PFLAG meets the fourth Sunday of each month from 3:00-5:00 pm. When in-person meetings are able to return, the location is Sage Granada Park United Methodist Church (Yokoi Chapel), 1850 W. Hellman Avenue, Alhambra, CA 91803. For more information, visit their website: www.sangabrielvalleyapipflag.com or email Marsha Aizumi, maizumi8888@gmail.com.

GIVE OUT DAY

Give Out Day, which occurred on June 30, was a national day of giving to LGBTQ organizations. This year, we encouraged our members, supporters, and friends to donate to Black-led LGBTQ organizations. It is not too late to donate. Here are a few organizations that we hope you will give to: SD March for Black Womxn, [venmo @kelseliv](mailto:venmo@kelseliv); The Gender Phluid Collective, [Venmo @angelle_maua](mailto:Venmo@angelle_maua); SD Black LGBTQ Coalition <https://donate.thecentersd.org/campaign/san-diego-black-lgbtq-coalition/c290793>.

ANOTHER AMAZING DOCUMENTARY FROM NETLIX

Disclosure is an eye-opening look at transgender depictions in film and television, while stimulating our deepest anxieties about gender. Trans leaders share their reactions and resistance to some of Hollywood's most beloved moments. Although there are more than six trans people in the film, some names you may recognize are Laverne Cox, Lilly Wachowski, Yance Ford, Mj Rodriguez, Jamie Clayton, and Chaz Bono. They grapple with some films like *Dog Day Afternoon*, *The Crying Game*, and *Boys Don't Cry* and with shows like *The L-Word* and *Pose*. They trace a history that is at once dehumanizing, yet also evolving, complex, and sometimes humorous. What emerges is a fascinating story of dynamic interplay between trans representation on screen, society's beliefs, and the reality of trans lives. It is meant to provoke a startling revolution in how we see and understand trans individuals.

LGBTQ+ YOUTH SUPPORT

For middle school to college age, there is an LGBTQ+ Youth Virtual Support Group every Tuesday at 6:30 pm until August 25. For the link, contact info@transfamilyos.org.

OFFICERS, COMMITTEES & VOLUNTEERS

President

Tiffany Gonzalez
760-554-7967
tgonzalez@pflag.com

Past President

Terrie Vorono
619-997-6139
tvorono@pflag.com

Vice-President

Sherry Cohen-Richards
858-349-6269
scohenrichards@pflag.com

Recording Secretary

Nadia Kean-Ayub
nkean-ayub@pflag.com

Treasurer

Nancy Colbert
ncolbert@pflag.com

Greeter

Lonnie Brunini
lbrunini@pflag.com

Membership

Bobbi Harwood
858-453-3249
bharwood@pflag.com

Info Line

Support/Outreach
888-398-0006

Programs

The Board

Newsletter

Sherry Cohen-Richards,
Editor

Linda Bessemer, Laura
Partido & Pacific Imaging

Jessy Sauchuk, Belladia
Marketing & Design

Spanish Interpreter

Patti Boman
619-227-6092

Speakers Bureau

Beverly Lavallee

Transgender

Coordinator
Kathie Moehlig
kathie@transfamilyosos.org

Refreshments

Ina Price

Website

Lisa Smith, Belladia
Marketing & Design

Board Members

Sherry Cohen-Richards
Nancy Colbert
Dan Conger
Linda Espinoza
Tiffany Gonzalez
Nadia Kean-Ayub
Beverly Lavallee
Bill Luna
Vicki Luna
Mike Minnick
Kathie Moehlig
Annette Ottone
Ina Price
Terrie Vorono

CARAVAN SET IN MOTION

As a sign of community affirmation for South Bay LGBTQ+ neighbors, there will be a Caravan on **Saturday, July 18** at 2:00 pm. PFLAG SDC will be the main endorser and will be joined by Equality Business Alliance, The Gender Phluid Collective, Madison Beck and Transfamily Support Services. We will meet at Southwestern College, 900 Otay Lakes Road, Chula Vista and travel through the streets of Chula Vista.

DIVERSIONARY THEATRE ON THE MOVE

Diversionsary Theatre at Home presents *The Boy Who Walked on Air* from **July 6-19**. You can purchase tickets to stream the play at diversionary.org. Tickets range from \$15-35 for a household. There is a discount for students, educators, and those suffering financial hardship caused by the Covid-19 pandemic.

Synopsis: This musical reveals the clandestine yet persistent tradition in Afghanistan of Bacha Bazi, where wealthy men purchase boys from poor families, train them as dancers, and parade them at parties as their property. Paiman and Feda have spent their young lives confined within this tradition. But when they meet by chance and develop feelings for one another, they embark on a journey towards a new life in uncharted territory.



LOOK LIKE A BIG FISH

Competition is fierce.
It's time to get aggressive.

belladia
marketing & design

Call for a Free Consult
858.220.7478
belladiadesign.com



THE BOTANIC HILL DETECTIVES MYSTERIES

Kids: Meet your new heroes,
the Botanic Hill Detectives!

NUTMEG STREET
A COFFEEHOUSE MYSTERY
SHERRILL JOSEPH

SHERRILL JOSEPH
Bestselling Kids' Mystery Writer
www.sherrilljoseph.com

PFLAG San Diego
PO Box 82762
San Diego, CA 92138

Tax ID #33-0512868

National PFLAG, Washington, DC
(202) 647-8180, www.pflag.org



PRIDE LIVE: TOGETHER WE RISE

Pride week will go on as planned, virtually at least, despite the Pride Parade and Festival being canceled due to the COVID-19 pandemic

San Diego Pride plans online events from **July 11-18** that will aim to digitally recreate the annual event's mission, advocacy, and spirit of celebration.

The community is invited to participate in the celebration. Members of the LGBTQ+ community are invited to send in videos of themselves describing what Pride means to them. The videos will be shown all day on Pride's social media channels on **July 18** (see below), the original date for this year's parade and the first day of the festival.

Fernando Zweifach López, Executive Director of San Diego Pride stated, "The reason why we celebrate and go out individually and as a group and are so joyful is because for the rest of the year, we're told we're a moral failure. We're told we're lesser than and we're discriminated against. These are acts of celebration and acts of protest against that narrative. Pride is to combat the concept of shame. We give people an opportunity to be together, tell their stories and live their authentic lives, even if it's only for an hour or one day of the year." He finds it heartbreaking that we can't do any of that in person this year.

López said the idea of integrating people's personal videos into this year's virtual events is a way of giving community members to express themselves. Cellphone-recorded videos of 15 to 30 seconds can be uploaded at sdpride.org/shareyourpride/. Members of the LGBTQ+ community are encouraged to share how Pride changed their lives and any special memories from past events.

Listed are the schedule of events. If times and links are not listed, they were not yet posted on sdpride.org. Closer to the events, please visit sdpride.org/events/

July 11: [She Fest](#) - for LGBTQ+ women and their allies. From 10:30 am-3:30 pm there will be live-streamed programming which will include workshops, interviews with leaders, education, and a pet fashion show (sounds like a must-see).

July 15: 7:00-8:00 pm - Pride will host its annual interfaith event via live-stream with the annual [lighting of St. Paul's Episcopal Cathedral](#) on Sixth Avenue with rainbow lights, along with a discussion on how faith can be a tool for social justice against anti-black and anti-LGBTQ+ violence and hate.

July 17: 6:00-7:00 pm - The online [Spirit of Stonewall Rally](#) will feature awards, speakers, and interviews with the award recipients (the list of awardees may be found on sdpride.org, Event.) This is a time of honoring the history of gay rights and addressing the challenges that lay ahead. The Community Grand Marshal: Essential Workers. What a wonderful idea!

July 18: [Pièce de résistance](#) - Ten hours of programming are starting in the morning with appearances and performances by the parade's usual contingents, mixed with the personal videos uploaded to the website. In the afternoon, the festival will be recreated with live entertainment by DJs and singers, celebrity appearances, tributes to the Black and Latino LGBTQ+ communities, and more. A partial list of entertainers include: Adam Lambert, Lady J, Mila Jam, Jai Rodriguez, Paul Oakenfold, Paris Sukomi Max, Francisca Valenzuela, Chaos Chaos, JORDY, Gigi Goode, Jake Zyrus, AZJAH, Lucy Spraggan, Disco Dolly, SOULcial Workers, Roann Mesina, Tamiel McKee Bey, Amber St James, The Resizters.

July 18: [Virtual Pride 5K Run + Walk](#) from 8:00 am-5:00 pm. Registration is required: www.bit.ly/5kpride.

Since all of the programming will be offered free online, López hopes viewers will be moved to donate to San Diego Pride, which has set a fundraising goal for the week of \$840,000. That money will go to year-round programming, grants, and the Tracie Jada O'Brien Transgender Student Scholarship. Over the years, Pride has given out more than \$3 million to LGBTQ+-serving organizations.



PROUD AS PUNCH

Past PFLAG SDC president and jack-of-all-trades, Bobbi Harwood was named Mama's Kitchen Volunteer of the Year for 2020. Bobbi started at Mama's Kitchen in 1998; that's 22 years ago! After years of delivering meals to homebound HIV/AIDS clients and other needed tasks, Bobbi now works in the kitchen preparing meals for delivery. Besides HIV/AIDS clients, Mama's Kitchen now serves clients with cancer, diabetes, and other serious illnesses.

LIGHTBULB AT THE END OF THE TUNNEL

In 2011, Camp Lightbulb became one of the first nonprofit camps for LGBTQ+ youth (ages 14-18) in the nation. Founder Puck Markham envisioned the creation of a Rainbow Tribe: a common network of validated and confident LGBTQ+ youth who support and have fun with one another. Their virtual camps run **through August 29**, with various themes throughout the summer. Times are between 10:00 am-6:00 pm PT, weekdays. While their fee is \$100/day, they have a "Pay what you Can" policy. Visit www.camplightbulb.org for more details.

IMPORTANT HOTLINE

The first transgender suicide prevention hotline in the United States is up and running:

TRANS LIFELINE
877-565-8860

“All young people, regardless of sexual orientation or identity, deserve a safe and supportive environment in which to achieve their full potential.”

– Harvey Milk

PFLAG THANKS YOU

General Fund Donations

Robin Rendon

Jonathan McMullen & Renato Salazar



Psychotherapy for

Gay, Lesbian, Bisexual and Transgender Children...

Coming out • School safety • Self-Acceptance
Self-Esteem • Parent-Child Communications • Siblings

... and their Parents

Crisis Counseling • Religious Issues • Telling Friends & Family
Safety Concerns • Grief & Loss • Depression n Anxiety

All Services are Completely Confidential

Stephen White, Psy.D.

Clinical Psychologist PSY 20739

16496 Bernardo Center Drive, Suite 307 San Diego CA 92128

(619) 922-1579

swhite@the-rainbow-connection.org

