



THE ADVOCATE

Please join us for our General Meeting on **Monday, October 28** at 7:00 pm at the First United Methodist Church, 2111 Camino del Rio South in Mission Valley. The building where we meet is The United Methodist Center, in The Cove Room. Doors open at 6:45 pm.

We are pleased to have as our speaker Irina Segade. She is a former San Diego high school history teacher and GSA (Gay-Straight Alliance) adviser, and she is active with GLSEN (Gay, Lesbian, Straight Education Network) where she serves

on the training committee. Irina has educated hundreds of teachers, administrators, counselors, and other school personal on LGBTQ inclusive curriculum. Irina is an advocate for LGBTQ students on campuses in the San Diego City and County School Districts.

Please join us for our support groups, then our cookie social, followed by the presentation.



When all Americans are treated as equal, no matter who they are or whom they love, we are all more free. —Barack Obama

TIME TO RENEW YOUR MEMBERSHIPS

PFLAG memberships are for the calendar year, and 2014 is almost here. That means memberships are due once again. Thank you for being part of our continuing effort to provide support, education, and advocacy on behalf of our lesbian, gay, bisexual, transgender community and their families. Thank you for allowing us to continue to provide monthly meetings, speakers, support groups, an info line, newsletters, educational brochures, etc.

Your membership is important to us--it enables us to strengthen our presence in the community and to have our voices heard. We also help support National PFLAG by sending \$15 of your dues to them which

provides you with membership in the national organization. Please don't renew directly with National, as no part of that benefits our San Diego chapter.

The membership application is on our web site (www.pflag.com) and will also be in the November and December newsletters; however, you can pay at any of the meetings or mail a check made payable to: PFLAG San Diego, P.O. Box 82762, San Diego, CA 92138. Types of memberships available are: Individual, \$30; Household, \$40; Business, \$50; Supporting, \$60; Contributing, \$125; Lifetime: \$1000. All donations are welcomed.

TINY, BUT POWERFUL

PFLAG is proud to have supported The Center's HIV/AIDS fundraiser. Thank you to all who donated and walked: Susan Boyle, Lonnie Brunini, Gail Folkman, Bobbi Harwood, Deborah Kelly, Rachel Kelly, Robert Kelly, Lindy and Rick Miles, Arlene Prater, Karen Thompson, Mark Thompson, Sandi Timberlake, Phyllis Van Wanseele, Terrie Vorono, Wayne Walker, Toddy Yeats, and Sherry Cohen-Richards.



AN INSPIRATIONAL EVENING

On October 8, there was a gathering at the Hillcrest Pride Flag in memory of Matthew Shepard and other victims of hate violence. After hearing the beautiful voices of the San Diego Women's Chorus, there was a solemn march to a plaque dedicated to the memory of John Weir, a 17 year-old who was murdered because he was perceived to be gay. The march was followed at The Center by the film, *Matt Shepard is a Friend of Mine* co-written, directed and produced by his high school friend, **M i c h e l e Josue**.



OCTOBER IS...

LGBT History Month: This is celebrated annually to recognize the notable achievements of LGBT people throughout time. Each day in October, Equality Forum featured/ will feature one LGBT icon who has made notable contributions to society. *San Diego Gay & Lesbian News (SDGLN)* highlights the story at www.SDGLN.com/causes/2013. Past icons for October can also be viewed at this site.

Breast Cancer Awareness Month:



As part of The Women's Resource Center at The LGBT Center, The Imperial Court de San Diego and The Center

established The Toni Atkins Lesbian Health Fund. The purpose is to assist low-income and uninsured lesbian, bisexual and transgender women access necessary health care resources, with a major emphasis on free mammograms.

The Kickoff for Mama's Kitchen 9th Annual Pie in the Sky Fundraiser:

Mama's Pie in the Sky is a bake sale fundraising program that benefits Mama's Kitchen—San Diego's only free, county-wide home-delivered meals program for individuals and families affected by HIV/AIDS or cancer. Each pie sold provides more than six home-delivered meals to these clients. You can buy pies from now until November 20. The pie

prices are \$20 or \$25 and \$15 of that is tax-deductible – definitely a win-win. Your choices are: apple, Dutch apple, pecan, and pumpkin.



Purchasing is as simple as pie! You can order directly online: www.maspies.org or call 619-233-6262. On November 27 (the day before Thanksgiving so you don't have to bake AND just in time to celebrate the first night of Chanukah!), there are pick up locations all over San Diego for your convenience. More details will be in the November newsletter.

DATES TO SAVE

The 12th Annual Transgender Day of Remembrance is Wednesday, **November 20**. Details will be in the November newsletter. However, this year, from **November 12-20**, Transgender Awareness Week will take place to help raise the visibility of transgender and gender non-conforming people. For information, please check the organizer's web site (GLAAD): www.glaad.org. **ALSO**, our December PFLAG meeting will be held on **December 23** at The Center at 7:00. PFLAG "Central," Mi Familia and all the satellite groups (East County, North County Inland and North County Coastal) will have a holiday party. There will be lots of food and merriment. More details will be in the November and December newsletters.

14TH ANNUAL ASIAN FILM FESTIVAL

The film festival takes place at various venues in San Diego from November 7-16. There are over 100 films spanning more than 20 countries.

As PFLAG San Diego does every year, we are co-presenting one of the LGBT evenings. The film is *Shorts: Trending Queer* and will be shown on **Saturday, November 9** at 7:05 pm. Only a short synopsis is available: From military mayhem and dance fever to girl muscle, the LGBT

chatter is getting louder. The film is showing at the Digiplex Mission Valley (formerly the UltraStar in Hazard Center).

Please email Bobbi Harwood if you are interested in getting free tickets (there's a limited number): bharwood@pflag.com. If you take tickets, please use them. For a list of other films, go to <http://festival.sdaff.org/2013>.

UPCOMING MEETINGS

October 28, November 4, 18
Mi Familia Support Group
Carolina: 619-692-2077, ext. 116

November 4:
North County Coastal Support Group
Larry: 760-224-2178

November 11:
East County Support Group
Ron: 619-588-2342

November 14: North County Inland Support Group
Deborah: profkelly.dba@gmail.com